

أَذْكَارُ الصَّبَاحِ

Morning Adhkar



The remembrances the Prophet ﷺ taught for the start of the day, with Arabic, transliteration, English translation and the source of every supplication.

After Fajr, ideally before sunrise

17 adhkar

About 30 minutes



Ayat al-Kursi

The Verse of the Throne

Recite once

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ
اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ مَنْ
ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا
بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ ﴿٢٥٥﴾

A'udhu billahi minash-shaytanir-rajim. Allahu la ilaha illa huwal-hayyul-qayyum, la ta'khudhuhu sinatun wa la nawm, lahu ma fis-samawati wa ma fil-ard, man dhal-ladhi yashfa'u 'indahu illa bi-idhnih, ya'lamu ma bayna aydihim wa ma khalfahum, wa la yuhituna bi-shay'in min 'ilmihi illa bima sha', wasi'a kursiyyuhus-samawati wal-ard, wa la ya'uduhu hifzuhuma, wa huwal-'aliyyul-'azim.

I seek refuge in Allah from Satan, the accursed. Allah — there is no deity except Him, the Ever-Living, the Sustainer of existence. Neither drowsiness overtakes Him nor sleep. To Him belongs whatever is in the heavens and whatever is on the earth. Who is it that can intercede with Him except by His permission? He knows what is before them and what will be after them, and they encompass nothing of His knowledge except what He wills. His Kursi extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Most Great.

Virtue. Whoever recites this when he rises in the morning will be protected from the jinn until evening.

QUR'AN Qur'an 2:255



Surah al-Ikhlās

Sincerity — Qur'an 112

Recite 3 times

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٤﴾

Bismillahir-rahmanir-rahim. Qul huwa Allahu ahad. Allahus-samad. Lam yalid wa lam yulad. Wa lam yakun lahu kufuwan ahad.

In the name of Allah, the Most Gracious, the Most Merciful. Say: He is Allah, the One. Allah, the Eternal Refuge. He neither begets nor is born. Nor is there to Him any equivalent.

Virtue. Reciting these three chapters three times morning and evening suffices you against all things.

QUR'AN Qur'an 112 — Abu Dawud 5082, Tirmidhi 3575



Surah al-Falaq

The Daybreak — Qur'an 113

Recite 3 times

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾

Bismillahir-rahmanir-rahim. Qul a'udhu bi-rabbil-falaq. Min sharri ma khalaq. Wa min sharri ghasiqin idha waqab. Wa min sharrin-naффathati fil-'uqad. Wa min sharri hasidin idha hasad.

In the name of Allah, the Most Gracious, the Most Merciful. Say: I seek refuge in the Lord of daybreak, from the evil of that which He created, and from the evil of darkness when it settles, and from the evil of the blowers in knots, and from the evil of an envier when he envies.

QUR'AN Qur'an 113 — Abu Dawud 5082, Tirmidhi 3575

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ
 الْخَنَّاسِ ﴿٤﴾ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ ﴿٥﴾ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾

Bismillahir-rahmanir-rahim. Qul a'udhu bi-rabbinnas. Malikin-nas. Ilahin-nas. Min sharril-waswasil-khannas. Alladhi yuwaswisu fi sudurin-nas. Minal-jinnati wan-nas.

In the name of Allah, the Most Gracious, the Most Merciful. Say: I seek refuge in the Lord of mankind, the Sovereign of mankind, the God of mankind, from the evil of the retreating whisperer who whispers in the breasts of mankind, from among the jinn and mankind.

QUR'AN Qur'an 114 — Abu Dawud 5082, Tirmidhi 3575

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ
 وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَخَيْرَ مَا بَعْدَهُ، وَأَعُوذُ بِكَ مِنْ شَرِّ
 مَا فِي هَذَا الْيَوْمِ وَشَرِّ مَا بَعْدَهُ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ الْكِبَرِ، رَبِّ أَعُوذُ بِكَ مِنْ
 عَذَابِ فِي النَّارِ وَعَذَابِ فِي الْقَبْرِ

Asbahna wa asbahal-mulku lillah, walhamdu lillah, la ilaha illallahu wahdahu la sharika lah, la hul-mulku wa la hul-hamdu wa huwa 'ala kulli shay'in qadir. Rabbi as'aluka khayra ma fi hadhal-yawmi wa khayra ma ba'dah, wa a'udhu bika min sharri ma fi hadhal-yawmi wa sharri ma ba'dah. Rabbi a'udhu bika minal-kasali wa su'il-kibar. Rabbi a'udhu bika min 'adhabin fin-nari wa 'adhabin fil-qabr.

We have entered the morning and the dominion belongs to Allah; all praise is for Allah. There is no deity but Allah alone, with no partner. To Him belongs the dominion and to Him belongs all praise, and He is over all things competent. My Lord, I ask You for the good of this day and the good of what follows it, and I seek refuge in You from the evil of this day and the evil of what follows it. My Lord, I seek refuge in You from laziness and the misery of old age. My Lord, I seek refuge in You from punishment in the Fire and punishment in the grave.

SAHIH Muslim 2723



Allahumma bika asbahna

By You we enter the morning

Recite once

اللَّهُمَّ بِكَ أَصْبَحْنَا، وَبِكَ أَمْسَيْنَا، وَبِكَ نَحْيَا، وَبِكَ نَمُوتُ، وَإِلَيْكَ النُّشُورُ

Allahumma bika asbahna, wa bika amsayna, wa bika nahya, wa bika namutu, wa ilaykan-nushur.

O Allah, by You we enter the morning and by You we enter the evening, by You we live and by You we die, and to You is the resurrection.

SAHIH Tirmidhi 3391, Abu Dawud 5068



Sayyid al-Istighfar

The master supplication for forgiveness

Recite once

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ، وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Allahumma anta Rabbi la ilaha illa anta, khalaqtani wa ana 'abduka, wa ana 'ala 'ahdika wa wa'dika mastata't, a'udhu bika min sharri ma sana't, abu'u laka bi-ni'matika 'alayya, wa abu'u bi-dhanbi faghfir li fa-innahu la yaghfirudh-dhunuba illa anta.

O Allah, You are my Lord; there is no deity but You. You created me and I am Your servant, and I abide by Your covenant and promise as best I can. I seek refuge in You from the evil of what I have done. I acknowledge Your favour upon me, and I acknowledge my sin, so forgive me — for none forgives sins except You.

Virtue. The chief of supplications for forgiveness. Whoever says it during the day with firm conviction and dies that day before evening will be among the people of Paradise.

SAHIH Bukhari 6306



Allahumma 'afini fi badani

For wellbeing of body, hearing and sight

Recite 3 times

اللَّهُمَّ عَافِنِي فِي بَدَنِي، اللَّهُمَّ عَافِنِي فِي سَمْعِي، اللَّهُمَّ عَافِنِي فِي بَصَرِي، لَا إِلَهَ إِلَّا أَنْتَ. اللَّهُمَّ إِنِّي
أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، لَا إِلَهَ إِلَّا أَنْتَ

Allahumma 'afini fi badani, Allahumma 'afini fi sam'i, Allahumma 'afini fi basari, la ilaha illa anta. Allahumma inni a'udhu bika minal-kufri wal-faqr, Allahumma inni a'udhu bika min 'adhabil-qabr, la ilaha illa anta.

O Allah, grant me wellbeing in my body. O Allah, grant me wellbeing in my hearing. O Allah, grant me wellbeing in my sight. There is no god but You. O Allah, I seek refuge in You from disbelief and poverty. O Allah, I seek refuge in You from the punishment of the grave. There is no god but You.

HASAN Abu Dawud 5090, al-Adab al-Mufrad 701



Hasbiyallahu la ilaha illa Huwa

Allah is sufficient for me

Recite 7 times

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

Hasbiyallahu la ilaha illa huwa, 'alayhi tawakkaltu wa huwa Rabbul-'arshil-'azim.

Allah is sufficient for me; there is no deity but Him. Upon Him I rely, and He is the Lord of the Great Throne.

Virtue. Whoever says it seven times morning and evening, Allah will suffice him in whatever concerns him.

HASAN Abu Dawud 5081



Bismillahil-ladhi la yadurru

In the name of Allah, with whose name nothing harms

Recite 3 times

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismillahil-ladhi la yadurru ma'asmihi shay'un fil-ardi wa la fis-sama'i wa huwas-Sami'ul-'Alim.

In the name of Allah, with whose name nothing on earth or in the heaven can cause harm, and He is the All-Hearing, the All-Knowing.

Virtue. Whoever says it three times morning and evening will not be harmed by anything.

SAHIH Abu Dawud 5088, Tirmidhi 3388



Raditu billahi Rabba

Pleased with Allah as Lord

Recite 3 times

رَضِيتُ بِاللَّهِ رَبًّا، وَبِالْإِسْلَامِ دِينًا، وَبِمُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا

Raditu billahi Rabban, wa bil-Islami dinan, wa bi-Muhammadin sallallahu 'alayhi wa sallama Nabiyyan.

I am pleased with Allah as my Lord, with Islam as my religion, and with Muhammad (peace and blessings be upon him) as my Prophet.

Virtue. Whoever says it three times morning and evening, Allah has promised to please him on the Day of Resurrection.

HASAN Abu Dawud 5072, Tirmidhi 3389



Ya Hayyu ya Qayyum

By Your mercy I seek relief

Recite once

يَا حَيُّ يَا قَيُّومُ بِرَحْمَتِكَ أَسْتَغِيثُ، أَصْلِحْ لِي شَأْنِي كُلَّهُ، وَلَا تَكِلْنِي إِلَى نَفْسِي طَرْفَةَ عَيْنٍ

Ya Hayyu ya Qayyumu bi-rahmatika astaghith, aslih li sha'ni kullah, wa la takilni ila nafsi tarfata 'ayn.

O Ever-Living, O Sustainer, by Your mercy I seek relief. Set right all my affairs, and do not leave me to myself for the blink of an eye.

HASAN Al-Hakim 1/545, Nasa'i (Amal al-Yawm) 575



Asbahna 'ala fitratil-Islam

Upon the natural way of Islam

Recite once

أَصْبَحْنَا عَلَى فِطْرَةِ الْإِسْلَامِ، وَعَلَى كَلِمَةِ الْإِخْلَاصِ، وَعَلَى دِينِ نَبِيِّنَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ،
وَعَلَى مِلَّةِ أَبِيْنَا إِبْرَاهِيمَ حَنِيفًا مُسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ

Asbahna 'ala fitratil-Islam, wa 'ala kalimatil-ikhlas, wa 'ala dini Nabiyyina Muhammadin sallallahu 'alayhi wa sallam, wa 'ala millati abina Ibrahima hanifan musliman wa ma kana minal-mushrikin.

We have entered the morning upon the natural way of Islam, upon the word of sincere devotion, upon the religion of our Prophet Muhammad (peace and blessings be upon him), and upon the way of our father Ibrahim, who was upright, a Muslim, and not of those who associate partners with Allah.

SAHIH Ahmad 3/406-407



Subhanallahi wa bihamdihi

Glory and praise be to Allah

Recite 100 times

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Subhanallahi wa bihamdihi.

Glory is to Allah, and praise is to Him.

Virtue. Whoever says it a hundred times a day will have his sins forgiven, even if they were like the foam of the sea.

SAHIH Muslim 2691



La ilaha illallahu wahdahu

The declaration of Allah's oneness

Recite 100 times

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

La ilaha illallahu wahdahu la sharika lah, lahul-mulku wa lahul-hamdu wa huwa 'ala kulli shay'in qadir.

There is no deity but Allah alone, with no partner. To Him belongs the dominion and to Him belongs all praise, and He is over all things competent.

Virtue. Whoever says it a hundred times a day has a reward equal to freeing ten slaves, and is protected from Satan that day.

SAHIH Bukhari 3293, Muslim 2691



Astaghfirullah wa atubu ilayh

Seeking Allah's forgiveness

Recite 100 times

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

Astaghfirullah wa atubu ilayh.

I seek Allah's forgiveness and I repent to Him.

Virtue. The Prophet (peace and blessings be upon him) said that he sought Allah's forgiveness and repented to Him more than a hundred times a day.

SAHIH Bukhari 6307, Muslim 2702



Salawat upon the Prophet ﷺ

Sending prayers upon the Prophet

Recite 10 times

اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَى نَبِيِّنَا مُحَمَّدٍ

Allahumma salli wa sallim 'ala Nabiyyina Muhammad.

O Allah, send prayers and peace upon our Prophet Muhammad.

Virtue. Whoever sends prayers upon the Prophet ten times in the morning and ten in the evening will attain his intercession on the Day of Resurrection.

HASAN Tabarani (Al-Mu'jam al-Awsat) 1/83

تَقَبَّلَ اللَّهُ مِنَّا وَمِنْكُمْ

May Allah accept from you. Recite along and count online at eveningadhkar.com